



The Spa
at Quail Lodge



Beyond Luxury



Blending nature and luxury in a haven for relaxation and well-being, The Spa at Quail Lodge overlooks the heated swimming pool and whirlpool at the main lodge of this legendary Carmel Valley resort.

Among the Spa's pleasures are the eucalyptus steam room, spa gardens, and poolside treatment suites including one just for couples. Seven treatment rooms, including a manicure/pedicure suite, overlook the pool.

Reflecting the theme of recreation and rejuvenation, the Spa's design harmonizes with its natural setting...and brings the beauty and serenity of the renowned Quail grounds inside. Massage rooms with large glass French doors offer tranquil views of the idyllic gardens and shower light onto the natural decorative elements of slate and marble.

Guests can enjoy body treatments that reflect the natural riches of the region...like the Aloe & Lavender Wrap, Harvest Crush Grapeseed Exfoliation, and LaStone River Rock Massage.

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Spa Details

SPA HOURS

Spa appointments are available from 9am–6pm daily. Services in the privacy of your guest room are an additional \$20.

APPOINTMENTS

Scheduling appointments prior to arrival is recommended to ensure receiving your preferred treatment time.

CANCELLATIONS

If you must cancel, please give 24-hour notice to avoid being charged 50% of the treatment price.

GRATUITIES

In appreciation for outstanding service, gratuities may be given at your discretion. They are not included in the price of your treatment.



Advanced Skin Care Treatments

QUAIL SIGNATURE EPICUREN FACIAL

This unique customized enzyme exfoliation includes the ultimate cleansing process to help purify, lift and soften the skin. The intense tree bark enzyme mask rejuvenates and stimulates the epidermis layers as well as increasing circulation in the facial tissue, which helps to strengthen and tighten the skin.

- 80 minutes, \$185

SILVER ION FACIAL WITH MOISTURE SURGE

One of the most advanced skin treatments available, the Silver Ion cloth mask is used as a natural, topical skin treatment that modulates and reactivates your skin's electrical potential, reducing inflammation of underlying tissues and enhancing the healing of soft tissues. This energy-stimulating mask relaxes the nerves and muscles in your face, and smoothes out wrinkles.

- 80 minutes, \$190

Facials

QUAIL MEADOW FACIAL

Customized to your skincare needs, this classic European facial cleanses, exfoliates, moisturizes and restores. Included are a custom-designed mask, lymph drainage and a deeply hydrating hand massage.

- 50 minutes, \$120

- 80 minutes, \$180

MOISTURE SURGE HYDRATION FACIAL

Beginning with our hydration ritual and continuing with a moisture-retaining massage, mask, lymph drainage and serum applications, this facial focuses on the needs of moisture-depleted skin. An excellent choice for travelers and sun worshippers.

- 50 minutes, \$180

- 80 minutes, \$240



OAKWOOD GROVE GENTLEMAN'S FACIAL

Designed especially for men, this facial is the ultimate refuge from stress. In addition to deep cleansing (using earthy herbal ingredients with no synthetic perfumes) and lymph drainage, indulge yourself in a tension-reducing face, hand and foot massage. This facial leaves your skin revived and your mind totally refreshed.

- 50 minutes, \$120

- 80 minutes, \$180

BACK FACIAL

This deep cleansing facial is specifically focused on the back, which is often neglected and welcomes a full treatment. The treatment includes cleansing, exfoliation, lymph drainage and extractions (if requested), leaving your skin refreshed and rejuvenated.

- 50 minutes, \$120

CLEEN 4 TEEN FACIAL

The ideal way to begin skin care, this treatment is full of vitamins, antioxidants and natural herbs to fight the rapid changes of a maturing face.

- 50 minutes, \$110



Facial Enhancements

HOT PEEL

The 5% glycolic acid rapidly exfoliates, lessens fine lines and stimulates collagen to refine the appearance of your skin.

- add \$20

PRO COLLAGEN

Amplifying and hydrating the skin, this helps to diminish deep and fine lines.

- add \$20

SUPER ANTI-OXIDANT TREATMENT WITH VITAMIN C

Help reduce pigmentation, sun damage and the effects of aging with an infusion of Vitamin C using the latest, non-invasive technology. Our delivery system allows for greater absorption of the important anti-aging nutrients — Vitamins C, E, A and pycnogenol.

- add \$20

SILVER ION MASK

The “Silver Ion Fix” colloidal silver has antimicrobial properties that kill bacteria and whatever might cause the skin to become inflamed or irritated. The FDA has approved the Silver Ion Mask to help treat burn victims.

- add \$35

Body Treatments

ALOE AND LAVENDER WRAP

This is both a soothing and rejuvenating treatment to round out a great day. A refreshing shower prepares your body for the hydrating wrap of Aloe Vera with essential oils of lavender. The treatment ends with a relaxing massage, complemented with heated lavender essential oil or hydrating orange blossom emulsion.

- 80 minutes, \$185

GREEN TEA & GINGER SEAWEED WRAP

After a citrus herbal scrub to open up your pores, you're covered with a specially formulated mud containing green tea (known for its ability to balance the body's yin and yang, and its aid in the elimination of toxins) and extract of ginger root (known for its analgesic properties). After the wrap, a light massage with a moisturizing blend of essential oils and protein will hydrate your skin and invigorate your entire body. Great for jet lag.

- 80 minutes, \$185

WINE & ROSES

The ultimate getaway starts with a crushed grapeseed body scrub, followed by a soothing massage application of delicate rose-petal aromatherapy oil to finish this divine retreat.

- 80 minutes, \$190

ORANGE BLOSSOM BODY SCRUB

Your body is exfoliated and polished with a citrus herbal cleansing scrub, then misted with orange blossom aromatherapy, before a gentle massage with a facial-quality enzyme protein massage lotion. The final step is an orange blossom emulsion to further smooth and stimulate your skin.

- 50 minutes, \$130

- 80 minutes, \$185

GRAPSEED SCRUB

The benefits of the vineyard are meant for the skin, too! Grapeseeds provide anti-oxidant benefits and just the right amount of exfoliation for renewing and polishing the skin.

- 50 minutes, \$130

- 80 minutes, \$185

TRI-CRYSTAL MICRODERMABRASION

State-of-the-art tricrystal microdermabrasion technology combines sea salt, sugar and magnesium oxide crystals to give you the delicate, hand-applied exfoliation of a full-body microdermabrasion, in the application of a salt scrub. This treatment features a unique formula that will intensify moisturization of the body, then seal it in. The result is silky, glowing skin.

- 50 minutes, \$145

- 80 minutes, \$190



Massages

QUAIL MEADOW MASSAGE

With their therapeutic touch, our skilled therapists create a personalized session specific for your body's needs.

- 50 minutes, \$110
- 80 minutes, \$170
- 110 minutes, \$225

LASTONE® RIVER ROCK MASSAGE

Warmed river stones provide heat therapy for aching and tired muscles. This primitive yet profoundly effective technique takes any massage to the next level.

- 80 minutes, \$180

AFTER-GOLF MASSAGE

Enjoy a back, neck and shoulder massage enhanced with a 30-minute reflexology treatment.

- 80 minutes, \$175

SPORTS MASSAGE

This deep-tissue, therapeutic massage focuses on specific areas to provide relief from injury or to improve athletic performance.

- 50 minutes, \$110
- 80 minutes, \$170
- 110 minutes, \$225

FOCAL POINT

A focused session for your back, neck and shoulders, geared toward those areas which need extra attention.

- 50 minutes, \$110
- 80 minutes, \$170

AROMATHERAPY MASSAGE

Revitalize your mind as well as your muscles, through a Swedish massage with oils that hydrate the skin and invigorate the entire body.

- 50 minutes, \$115
- 80 minutes, \$175

COUPLE'S MASSAGE

Fun for friends, sisters, mother & daughter, or any two people who appreciate each other's company. Enjoy your massages together at the same time in the privacy of our couple's suite with an outdoor garden shower.

- 50 minutes, \$220
- 80 minutes, \$340
- 110 minutes, \$450

REFLEXOLOGY

This ancient therapy originated in the Far East, and is based on the belief that the body's energy is connected via superficial channels manifested in specific points on the feet. By applying pressure to these points, greater health and wellbeing becomes a reality.

- 25 minutes, \$75
- 50 minutes, \$110

SOLE REVIVAL FOOT REFRESHER

Treat your feet to a rejuvenating aromatherapy soak and scrub. Foot reflexology and massage results in happy, revitalized feet!

- 50 minutes, \$110

LYMPH DRAINAGE

Lymphatic drainage massage is a light-touch, non-invasive technique that helps increase the flow of lymph fluid in the body as much as 20 times. This massage helps the lymph vessels and nodes clear waste, bacteria, viruses, waters, fats and excess proteins which cause edema. This unique treatment can promote increased energy and enhance the quality of your skin.

- 60 minutes, \$115

Salon Services

SPA MANICURE

- 30 minutes, \$37

QUAIL MANICURE

Luxuriate with this full-service manicure that includes exfoliation, massage and a paraffin treatment.

- 50 minutes, \$60

SPA PEDICURE

- 50 minutes, \$60

QUAIL PEDICURE

Redefine the pedicure experience as you settle into the comfort of our heated massage recliner. Soak in a dual-jet whirlpool foot spa. This treatment includes foot exfoliation and moisture mask. Enjoy the music and relax.

- 80 minutes, \$80

FOOT REVITALIZER

The ideal way to soothe tired feet. Begin with a rejuvenating aromatherapy foot soak, followed by an invigorating exfoliation. After detailed nail grooming, the feet and legs are treated to a leg and foot massage. Perfect for men or women.

- 80 minutes, \$85

POLISH CHANGE

- 20 minutes, \$30

Add on French

- additional \$10

WAXING

Lip - \$20

Chin - \$20

Bikini - \$40

Half Arm - \$45

Half Leg - \$50

Full Arm - \$80

Full Leg; Back - \$80

Underarm - \$30

TINTING

Eyebrow - \$15

Eyelash - \$15

Packages

QUAIL EXPERIENCE

Enjoy two favorite spa treatments—the Quail Meadow Massage and the Quail Signature Epicuren Facial—for a beautifully relaxing experience.

- 130 minutes, \$270

QUAIL MEADOW RETREAT

Relax with an Aromatherapy Wrap & Massage, a Revitalizing Scalp & Foot Massage, and a Silver Ion Facial.

- 3 hours, \$395

COUPLE'S RETREAT

For a wonderful getaway together, enjoy a Body Exfoliation, Loving Aromatherapy Massage, and a Scalp & Foot Treatment.

- 2 hours, \$560

LADIES' RETREAT

For the ultimate indulgence, enjoy a Grapeseed Body Scrub, Aromatherapy Massage, Quail Meadow Facial and Manicure.

- 3 hours, \$395



During your stay at Quail Lodge, be sure to take advantage of the resort's many other pleasures. Don't forget to make reservations for fabulous dining, golf, tennis and the new Land Rover Experience Driving School.



QUAIL LODGE
RESORT & GOLF CLUB

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